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Companion Products
 for Use with Your Re-Play
 Training + Development App

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Equipment

EXERCISE MAT



Exercise Mat (2' x 4')



Exercise Mat (2' x 4')

This generously sized mat is great for providing a clean and stable surface for exercising. It measures a generous 71" long by 24" wide and is made from resilient, 1/2" thick high density foam material, to comfortably cushion your spine, hips, knees and elbows on hard floors. The double sided non-slip surface keeps the mat in place which helps to prevent injuries. Its moisture resistant quality makes easy to keep clean with soap and water. Includes carry strap.

Item **00010**.....Price **\$19.99**

PLYO BLOCKS



Plyo Yoga Blocks (Pair)



Plyo Yoga Blocks (Pair)

These sturdy blocks are great for increasing your height off the ground when doing bodyweight exercises. Help to improve balance and strength. Constructed from high density foam for comfort, strength and durability. Sold in a pair (one green/one black) per set.

Item **00032**.....Price **\$10.99**

PUSH UP STANDS



Push Up Stands (Pair)



Push Up Stands (Pair)

A great way to increase the intensity of your push up exercises. Sturdy stands provide additional height while exercising. Angle reduces wrist fatigue. Comfortable foam grips improve grip and limit stress on hands. Sold in pairs.

Item **00034**.....Price **\$19.99**

ADJUSTABLE STEP

Available in
Two Sizes

Larger Step
Shown



Adjustable Step - Larger/Taller



Adjustable Step - Larger/Taller



Adjustable Step - Larger/Taller



Adjustable Step - Larger/Taller

Provides a stable base for exercises that require you to raise a part of your body off the ground or include stepping movement. Slightly textured to improve grip. Smaller version measures 27" long x 11" wide with an adjustable height ranging from 4" to 6". Larger version measures 31" long x 12" wide with an adjustable height ranging from 4" to 6" to 8". Extra leg pieces can be stowed in base for storage.

Item **00001 - Smaller Step**.....Price **\$39.99**

Item **00002 - Larger Step**.....Price **\$49.99**

STABILITY BALL



This stability ball is perfect for athletes to use when completing core strengthening and warm up exercises. Using the ball for balance, whether sitting on it, leaning on it, lying on it or holding it, adds another dimension and level of difficulty to your exercises. The stability ball is paired with a number of personal exercises in the Perfect Game Development app. Sturdy construction is long lasting. Designed for indoor use. Be sure that the ball is properly inflated (and not over-inflated) prior to use. Small size (55 cm diameter) is designed for younger athletes. Larger (65 cm and 75 cm diameter) sizes are for teens and adults. Medicine ball (shown in photo) is not included - sold separately. Each size is a different color - 55 cm is black, 65 cm is green and 75 cm is grey. Colors may vary.



FREE BONUS each stability ball includes a free air pump while supplies last! If you are buying a ball do not purchase the pump unless you want to buy an extra - we will automatically ship the free one with your stability ball.

- Item **00039 - 55 cm. Size (Black)**.....Price **\$24.99**
- Item **00040 - 65 cm. Size (Green)**.....Price **\$24.99**
- Item **00041 - 75 cm. Size (Grey)**Price **\$24.99**

AIR PUMP

Make inflating stability balls and other items quick and easy. Foot pump with air hose and 2 size nozzles works with most inflatable objects. Colors may vary.

- Item **00042 - Pump Only**.....Price **\$4.99**

Choose from 6, 8 or 10 lb.

MEDICINE BALL

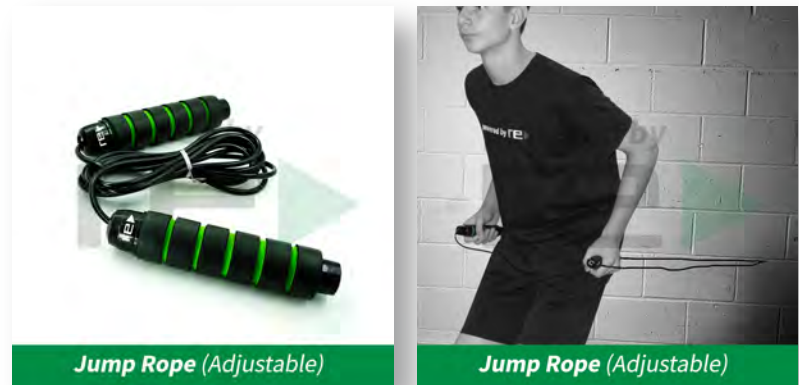


High quality medicine ball for upper- and lower-body exercises. Helps develop core strength, balance, + coordination. Excellent for improving throwing mechanics, stamina and strength. Sturdy construction withstands repeated use bouncing off hard surfaces. Textured finish gives a superior grip. Choose 6, 8 or 10 lb. weights.

- Item **00019 - 6 lb.**.....Price **\$29.99**
- Item **00020 - 8 lb.**.....Price **\$37.99**
- Item **00021 - 10 lb.**Price **\$44.99**

Easily Trims to Any Size Needed

JUMP ROPE



Quickly and easily adjusts from 9.8 ft down to your desired length within minutes! Appropriate for all ages and experience levels. Features a high quality bearing to ensure a smooth and effortless spin. Unique ergonomically designed handles are padded for comfort and grip. Includes easy instructions for adjusting the size.

- Item **00017**Price **\$9.99**

CORE SLIDERS



Core Sliders allow fluid body movement on most any surface (wood, carpet, laminate, tile) when working many muscle groups in your arms, legs and core. By helping to remove the resistance with the ground they force your muscles to work harder to maintain balance in a steady and controlled pace. Set of 4. 6" diameter.

Item **00044**.....Price **\$17.99**

FOAM ROLLER

Choose from 12" or 36" length

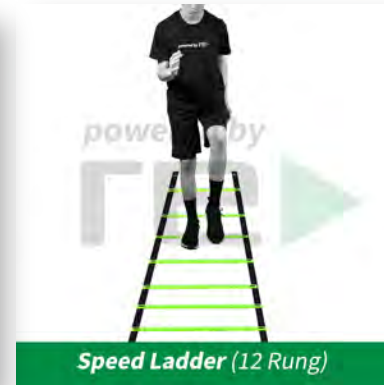


This high-density foam roller with molded edges is extra firm and is ideal for balance, strengthening, flexibility, and rehab exercises. Made from molded polypropylene making it durable, resilient, lightweight and easy to use, clean and transport. Maintains its shape even after moderate to heavy use. 6" diameter and available in your choice of 12" or 36" lengths.

Item **00014 - 12" long**.....Price **\$10.99**

Item **00015 - 36" long**.....Price **\$21.99**

SPEED LADDER



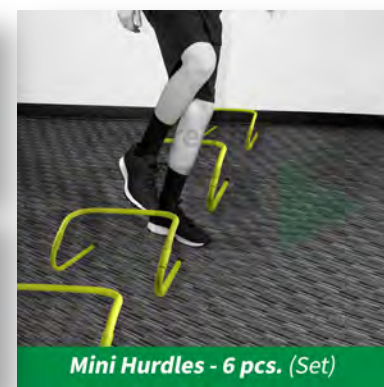
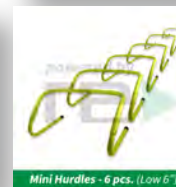
Develop explosive power, speed, and better footwork with this speed ladder. Flat rung ladder improves technique, responsiveness, coordination, strength and physical dexterity. The ladder has 11 heavy-duty plastic rungs, measuring 17" and is 15' long. Practice change of direction, improve balance, and gain greater stability in your athletic footwork. Built to withstand the elements. Folds up for easy carrying and storage.

Item **00037**.....Price **\$24.99**

ADJUSTABLE MINI HURDLES

One Hurdle
Adjusts to
2 Different
Heights

Fold to Store



Improve speed and agility. Eliminate the need to buy 2 different size hurdle sets. Easily adjusts from 6" to 12" in seconds. Pivots to store flat too! Stronger than other hurdle sets. Made of heavy duty PVC pipe - extremely durable. Set includes 6 adjustable hurdles.

Item **00025**.....Price **\$59.99**

Physical exercises to to work on your **speed + agility** making your actions quicker + more responsive

MINI CONES



Mini Cones - 6 pcs. (6")



Mini Cones - 6 pcs. (6")

Perfect for use both at the field and in the gym when you are working on agility training. These strong yet flexible mini cones can take a beating. Spread them out in a variety of patterns to challenge yourself. Each set includes 6 cones.

Item **00023**.....Price **\$29.99**

AGILITY CONES



Agility Cone Set (50 pcs.)



Agility Cone Set (50 pcs.)

Perfect for use both at the field and in the gym when you are working on agility training. These strong yet flexible agility cones can take a beating. Bend and fold but will not crack. Spread them out in a variety of patterns to challenge yourself, or use them in your structured agility exercises. Each set includes 50 agility cones, a stacking holder and a carry bag for storage.

Item **00045**.....Price **\$14.99**

FULL SIZE ADJUSTABLE HURDLE



Full Size Adjustable Hurdle

One of the most convenient and portable full size hurdles on the market!

Features:

- Hurdle adjusts to eleven different sizes, 6" - 42"
- Collapses for safety when hit
- High impact plastic cross board
- Powder coated 1" steel legs
- Ships and stores flat

The hurdle adjusts every 3" - the height options are: 6", 9", 12", 15", 18", 21", 24", 27", 30", 33", 36", 39" and 42". Color may vary. Fraction of the cost of most full size hurdles and much more convenient. Sold Individually.

Item **00024**.....Price **\$39.99**



Full Size Adjustable Hurdle

MINI RESISTANCE BANDS



Mini Band Set (5 pc.)



Mini Band Set (5 pc.)

High quality set of 5 exercise bands in carrying case. These 12" by 2" heavy duty resistance loop bands are made of 100% natural latex and come in 5 varying resistance levels. Great for increasing the intensity of your training over time. Each band is clearly labelled with its resistance level.

Item **00022**.....Price **\$9.99**

LONG RESISTANCE BAND



Long Resistance Band (48")



Long Resistance Band (48")

These long resistance bands are designed to use for stretching and adding tension to a broad range of exercises. Can fold and stretch to in a variety of ways to increase tension. Long 48" band made of durable rubber will not crack or break. Important - If band is showing any signs of wear after prolonged use be sure to replace it.

Item **00018**.....Price **\$14.99**

COMPLETE CABLE SYSTEM

Available with
or without
Optional Bar
Attachment



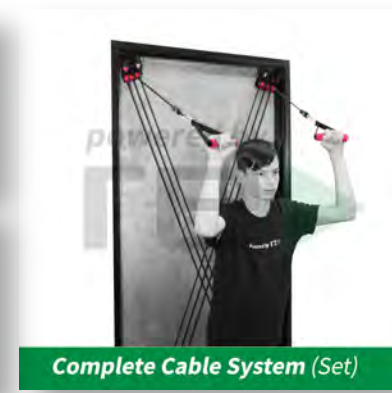
Complete Cable System (No Bar)



Complete Cable System (Set)



Complete Cable System (w/Bar)



Complete Cable System (Set)

This complete total body cable system attaches to any standard size door and can be used just like an expensive cable machine you will find in a gym. Its unique design uses progressive resistance in excess of 210 lbs. Resistance is the key to any strength-training workout. With its unique progressive bands, resistance increase as your body exerts more force. Each exercise promotes movements that strengthen your core and extremities via an intense, muscle-building, and fat-burning workout. Includes two handles, two ankle straps, four connection clips and resistance bands. Great for all of your band and cable exercises plus comes with its own chart of over 50 exercises. The complete set is offered both with and without the optional bar attachment which is used for exercises that use both arms together. Please be advised that to connect this system to your door you will need a small amount of clearance in the door jamb. Installation does not need to be permanent although permanent installation is recommended for added safety. Can be installed and removed in minutes without any damage to the door.

Warning: Please follow installation instructions carefully. Adult set up required. Resistance band and cable products must be anchored securely prior to using. Because of the tension and force created by these type of products, be sure to inspect them prior to every use for any wear or loose hardware. If in doubt do not use it. Improper installation or use could result in severe injury. Since this item is installed by the user, you are liable for its proper use + installation.

Item **00003 - With Optional Bar**.....Price **\$99.99**
Item **00004 - Without Optional Bar**.....Price **\$79.99**

Physical exercises that use varying degrees of **resistance** to provide different levels of intensity

PITCHER'S BANDS



Pitcher's Resistance Bands

Available in Adult or Youth Model.
Adult is for Ages 14 and up.



Pitcher's Resistance Bands (Adult)



Pitcher's Resistance Bands (Youth)

These resistance bands are perfect for warming up and cooling down pitchers as well as anyone who is about to engage in a throwing program. They are a great tool for creating and maintaining arm strength in or out of season. Sturdy bands use both positive and negative resistance. Proper use promotes arm, wrist, elbow and shoulder health, strength and endurance. Use daily to minimize injuries. Excellent for rehab programs too. Be sure to follow exercise directions closely and use proper mechanics. Includes bands with two cuffs, quick release hook and anchor strap. Attach securely to fences and other anchored surfaces. Available in both adult (black) and youth (green) tensions/sizes.

- Item **00030 - Youth Model (Green)**.....Price **\$39.99**
- Item **0001 - Adult Model (Black)**.....Price **\$39.99**

Warning: Resistance band and cable products must be anchored securely prior to using. Because of the tension and force created by these type of products, be sure to inspect them prior to every use for any wear or loose hardware. If in doubt do not use it. Improper installation or use could result in severe injury. Since this item is installed by the user, you are liable for its proper use/installation.

RESISTANCE BAND SET



Resistance Band Set (11 pcs.)



Resistance Band Set (11 pcs.)

Resistance band training is extremely effective at burning fat and increase muscle strength, and also helps you increase coordination, boost stamina, flexibility, and range of motion. The 5 bands can be used alone or stacked in any combination of intensity from 10 lbs to 110 lbs. Includes 5 fitness workout bands, training tubes with large handles, ankle straps, door anchor attachment, and carry bag.

- Item **00035**.....Price **\$39.99**

CABLE SYSTEM SOLO



Cable System Solo



Cable System Solo

Attach to any standard door or hooked to a fence or other secure object. It uses tension to build muscle and strength. Includes anchoring hardware and resistance bands. Deluxe version with the optional bar attachment for both arm exercises is also available.

- Item **00027 (With Bar)**.....Price **\$39.99**
- Item **00005 (Without Bar)**.....Price **\$29.99**

Physical exercises that use varying degrees of **resistance** to provide different levels of intensity

DUMBBELLS



Dumbbells - Pair (2, 3, 5 or 10 lb.)

High Quality Dumbbells Sold by the Pair and Offered in 2, 3, 5 and 10 lb. Sizes



Dumbbells - Pair (2 lb.)



Dumbbells - Pair (3 lb.)



Dumbbells - Pair (5 lb.)



Dumbbells - Pair (10 lb.)

Dumbbells are a great way to gradually increase the resistance used in a broad variety of exercises. Most athletes keep a set of dumbbells in a range of weights to be used in varying applications. The durable neoprene coating provides a comfortable non-slip grip and protects against calluses. The anti-rolling hexagon design, keeps them from rolling away and makes them easy to stack, taking up minimal space. Built using a high quality cast iron core and available in your choice of weights ranging from 2 lbs. to 10 lbs. Sold in pairs.

Important Note: Younger athletes are not advised to do weight training using any type of free weights until their body has matured and their larger muscle groups have developed. Performing exercises using free weights before your body can handle them can be damaging to your muscles and result in injury. Be sure to follow the proper guidelines for your age group and body type.

Item **00006 - 2 lbs. (Pair)**.....Price **\$10.99**
 Item **00043 - 3 lbs. (Pair)**.....Price **\$14.99**
 Item **00007 - 5 lbs. (Pair)**.....Price **\$18.99**
 Item **00008 - 10 lbs. (Pair)**Price **\$29.99**

WRIST ROLLER

15



Wrist Roller (No Weight)



Wrist Roller (No Weight)

This wrist roller is perfect for building wrist and forearm strength. Simply attach the weight and roll the grip forward and backward to build strength. Made of sturdy steel construction with secure hardware and a durable rope. Can be used with the standard weights. Weight plate not included.

Item **00046**.....Price **\$19.99**

HAND GRIP EXERCISER



Hand Grip Exerciser (Pair)



Hand Grip Exerciser (Pair)

These hand grip exercisers are perfect for strengthening finger, hands, wrists and forearms. Tension adjusts and gets more intense as you squeeze them closed. Comfortable foam grips protect your hands while in use. Sold 2 to a set so you can exercise both hands at the same time.

Item **00016**.....Price **\$7.99**

Physical exercises that use added weight and tension to more rapidly build strength

WRIST/ANKLE WEIGHTS



Versatile Weights
Can be Used on
Either Wrists or
Ankles and are
Available in Your
Choice of 1, 2 or 3 kg.

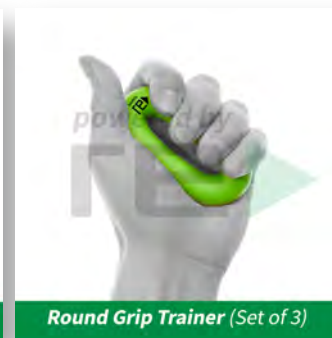


These wrist and ankle weights are designed to help you tone and tighten your body, targeting your arms, legs and glutes by adding extra resistance. Suitable to wear while working out, running and walking. Velcro strap ensures the exercise weights stay secured while exercising. Weight pockets go all the way around the wrist or ankle for even weight distribution. Sturdy construction with double stitching. Sold in pairs in your choice of 1, 2 or 3 kg. weights.

Important Note: This product is a form of weight training and should not be used by younger athletes until their body has matured and their larger muscle groups have developed. Performing exercises using weights before your body can handle them can be damaging to your muscles and result in injury. Be sure to follow the proper guidelines for your age group and body type.

Item **00049 (1 kg. Pair)**.....Price **\$29.99**
Item **00050 (2 kg. Pair)**.....Price **\$29.99**
Item **00051 (3 kg. Pair)**.....Price **\$29.99**

FINGER + ROUND GRIP TRAINERS



These sets of trainers are a great for gradually working to increase finger and grip strength. Each set includes 3 different resistances. Made of high quality, durable BPA free silica gel. Use in your daily workouts to build strength plus they are an excellent aid in the recovery of various hand, wrist and finger related injuries.

Item **00011 (Finger Grip Set)**.....Price **\$14.99**
Item **00036 (Round Grip Set)**.....Price **\$14.99**

PULL UP/CHIN UP BAR



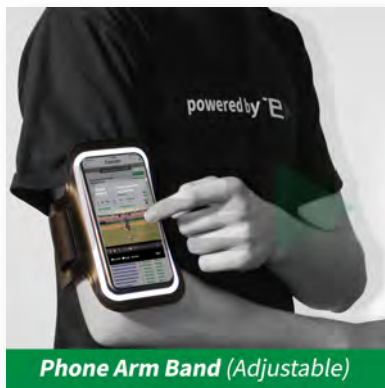
This pull up bar mounts in any doorway to help tone and strengthen your back, arms, shoulders and abs. Heavy-duty chrome steel bar and door mounts provide great support and safety. Non-slip extra-long foam grips for extra comfort to minimize hand fatigue or pain. Adjusts to fit standard door ways between 26 and 39 inches.

Note: This product must be installed by an adult. Always use the supplied door brackets (included). User is liable for installation/use.

Item **00033**.....Price **\$19.99**

Physical exercises that use added weight and tension to more rapidly build strength

PHONE ARM BAND



Phone Arm Band (Adjustable)



Phone Arm Band (Adjustable)

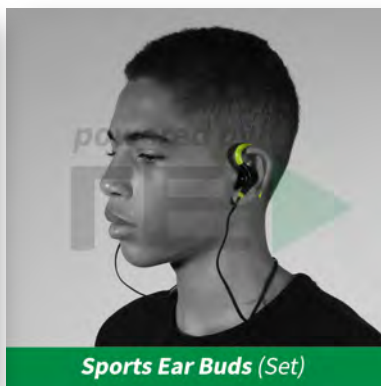
Keep your phone with you while doing your daily training. Works with virtually any size phone. Provides extra protection while also allowing full access to your phone's touchscreen and headphone jack. Your phone is guaranteed to stay in place during tough workouts. Case provides dust, water and sweat resistance. Adjustable.

Item **00026**.....Price **\$9.99**

SPORTS EARBUDS



Sports Ear Buds (Set)



Sports Ear Buds (Set)

Listen while running, jogging, lifting, exercising, and training. Clear HD Sound. Uses the latest Bluetooth 4.1+ EDR technology, stable CSR chip and superior acoustic components. Rechargeable lithium battery lasts about 6-8 hours of playing time or 240 hours of standby time with a quick charge in 2 hours. DSR + CVC 6.0 noise canceling technology block outs noise. Choose from all black or green/black.

Item **00038 (All Black)**.....Price **\$9.99**

Item **00039 (Green/Black)**Price **\$9.99**

WIRELESS EAR PODS



Wireless Ear Buds (White - Set)



Wireless Ear Buds (Black - Set)

Just like the popular Apple AirPods but at a fraction of the price. Includes wireless earbuds and carrying case/charging box. Bluetooth compatible and noise cancelling. On/off, answering, redialing, hanging up, pausing and playing music. Has micro-USB charging port (cable included). White or Black. Charge gives 3-4 hours talk time, 4-5 hours music time and 120 hours standby time.

Item **00060 (White)**.....Price **\$9.99**

Item **00061 (Black)**.....Price **\$9.99**

HANDS FREE DESK STAND



Phone Desk Stand (Black)



Phone Desk Stand (Black)



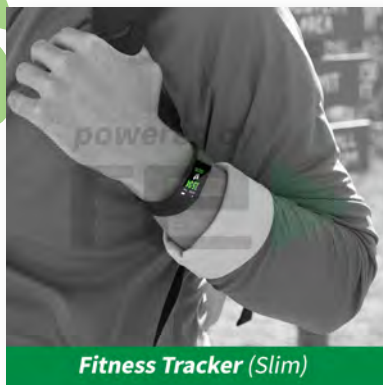
Phone Desk Stand (Silver)

This beautifully machined aluminum desk stand holds all size phones in both horizontal and vertical modes. Keeps your phone near you while training. Folds flat for easy carrying and storing. Unique design allows for power cable to be used while the phone is in the stand. Available in your choice of silver or black finish.

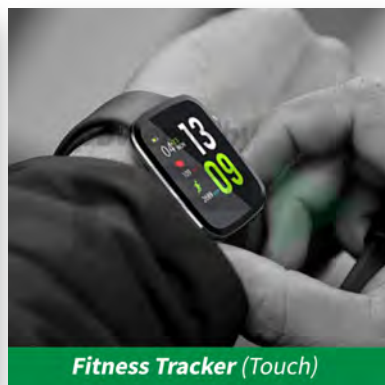
Item **00028 (Black)**.....Price **\$8.99**

Item **00029 (Silver)**Price **\$8.99**

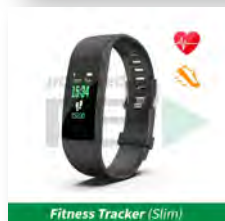
FITNESS WEARABLES



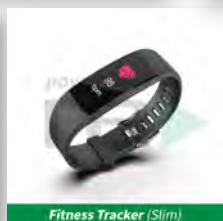
Fitness Tracker (Slim)



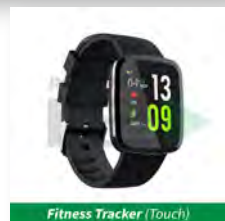
Fitness Tracker (Touch)



Fitness Tracker (Slim)



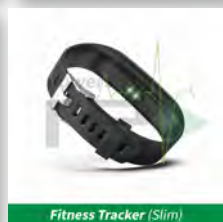
Fitness Tracker (Slim)



Fitness Tracker (Touch)



Fitness Tracker (Slim)



Fitness Tracker (Slim)

Slim Version: This super, slim design, versatile fitness tracker is perfect to monitor your health and training activity. Functions include heart rate monitoring, calories burned, activity tracking (such as steps or miles), auto sleep tracking and more. Includes an alert and notification alarms for pre-programmed events and even reminders for hydration. All of your activity can be uploaded to your app to make your daily training even more personalized and effective. Waterproof, sweat proof and dust proof so that you can wear it while working out, in the rain or when washing your hands but it is not designed for full immersion when swimming or bathing. Built-in USB plug makes it easy to charge with any USB connection. Includes slim adjustable band and easy to read face. A single charge provides up to 7 days of battery life. Compatible with both Apple and Android phones.

Item **00012 (Slim)**.....Price **\$29.99**

Touch Version: This super versatile, touch screen, fitness tracker is perfect to monitor your health and training activity. Functions include heart rate monitoring, calories burned, activity tracking (such as steps or miles), auto sleep tracking and more. Includes an alert and notification alarms for pre-programmed events and even reminders for hydration. All of your activity can be uploaded to your app to make your daily training even more personalized and effective. Waterproof, sweat proof and dust proof so that you can wear it while working out, in the rain or when washing your hands but it is not designed for full immersion when swimming or bathing. Built-in USB plug makes it easy to charge with any USB connection. Includes slim adjustable band and easy to read face. A single charge provides up to 7 days of battery life. Compatible with both Apple and Android phones.

Item **00013 (Touch)**Price **\$39.99**



Grip Tester (Dynamometer)

GRIP TESTER/ DYNAMOMETER

This handy gauge can be used to test your grip strength, which is an important measurement in athlete development. Equipped with a high precision strain gauge sensor, the hand dynamometer gives you accurate digital reading of gripping power. You simply

squeeze the hand dynamometer with maximum effort for at least 5 seconds. After testing, the LCD will automatically display the maximum grip value. The device can store data for up to 19 different users, and their records can be recalled anytime when needed. Moreover, the incremental increase or decrease from the last record will be automatically shown for comparison after each test. The opening/handle can easily be adjusted to a variety of hand sizes. The large LCD screen shows all measurements clearly on the same screen. Displayed measurements include: user code, age, gender, grip value (lbs. or kgs.) and grip status. Requires 2* AAA batteries.

Item **00009**Price **\$29.99**

Get accurate results with these easy to use testing devices